



## CLINICAL PARENT TRAINING PROGRAM

---

### ATTENTION PARENTS!

- Do you have difficulty managing your child's behavior?
- Do you feel out of control, desperate, or helpless in regard to your child?
- Are you constantly battling with your child using negative exchanges that leave you both feeling guilty, angry, or hurt?
- Does your child have trouble following rules, inhibiting impulses, or controlling anger?

There is help...

### The Clinical Parent Training Program

is a popular, highly effective researched-based program taught by top educational and mental health professionals. It is designed to teach powerful, yet simple-to-use strategies and communication skills that lead to significant decrease in non-compliant behaviors. The program is specifically geared for parents, grandparents, foster parents and caregivers of children who are between the ages of 3-12 and who exhibit defiant, oppositional, non-compliant, impulsive and/or hyperactive behaviors.

#### Winter - Spring 2017 PROGRAM

**WHEN:** Beginning Wednesday, February 8, 2017.  
Series runs for 10 \*weekly sessions from 7:00-9:00 p.m.

**WHERE:** San Bernardino County Supt. Schools  
9630 7<sup>th</sup> Street, Rancho Cucamonga, 91730

**REGISTRATION:** Registration will be taken at the door on February 8, 2017 for the English series. There is \$15 registration fee, which is encouraged to assist with the printing costs.

For further information, please contact Anna Hernandez at:  
(909)476-6158 or (909)476-6188 or email at:  
[anna\\_hernandez@sbcss.k12.ca.us](mailto:anna_hernandez@sbcss.k12.ca.us)

*Spanish sessions will also held, off-site on Thursday's beginning on February 9, 2017. Pre-registration is suggested. Location to be announced.*

Presented by the

